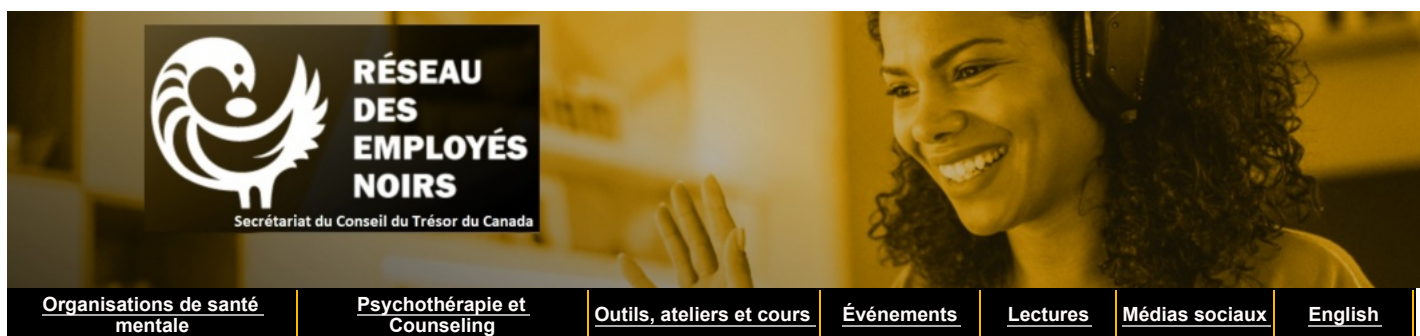




Ressources en santé mentale pour les employés noirs, autochtones et de couleur

Psychothérapie et counseling

- [Thérapeutes inclusifs \(https://www.inclusivetherapists.com\)](https://www.inclusivetherapists.com)
- [Psychology Today \(Ottawa \(https://www.psychologytoday.com/ca/therapists/black-canadian/on/ottawa\)\)](https://www.psychologytoday.com/ca/therapists/black-canadian/on/ottawa) (en anglais seulement)
- [Melanin & Mental Health \(https://www.melaninandmentalhealth.com\)](https://www.melaninandmentalhealth.com) (en anglais seulement)
- [WellNest Therapy \(https://www.well-nest.ca\)](https://www.well-nest.ca) (en anglais seulement)
- [Black Youth Helpline \(https://blackyouth.ca\)](https://blackyouth.ca) (en anglais seulement)
- [Black Mental Health Canada \(https://blackmentalhealth.ca\)](https://blackmentalhealth.ca) (en anglais seulement)
- [Therapy for Black Girls \(https://providers.therapyforblackgirls.com\)](https://providers.therapyforblackgirls.com) (en anglais seulement)
- [LGBTQ Psychotherapists of Color \(QTOC\) \(https://www.lgbtqpsychotherapistsofcolor.com\)](https://www.lgbtqpsychotherapistsofcolor.com) (en anglais seulement)
- [National Queer and Trans Therapists of Color Network \(https://www.nqtcn.com/directory\)](https://www.nqtcn.com/directory) (en anglais seulement)
- [Therapy for Black Men \(https://therapyforblackmen.org/#\)](https://therapyforblackmen.org/#) (en anglais seulement)
- [Open Path Collective \(services à frais réduits\) \(https://openpathcollective.org\)](https://openpathcollective.org) (en anglais seulement)

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